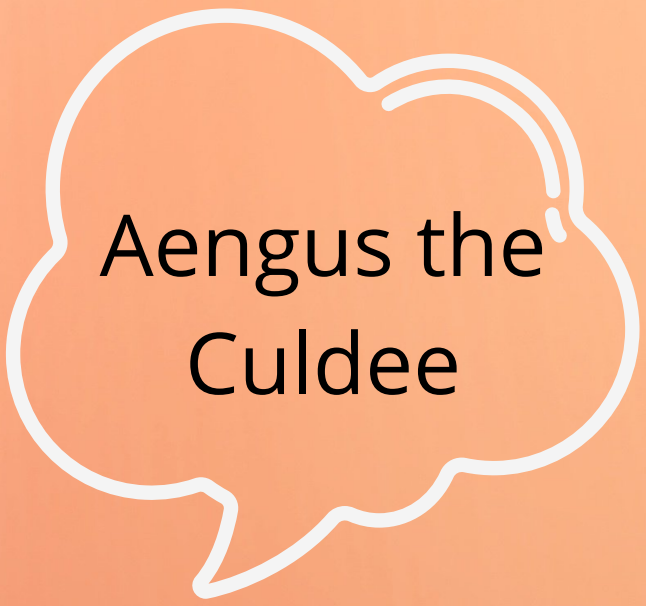
AENGUS/AONGHAS OF Laois

Born: 750 AD

Died: 824 AD

Feast Day:
11 March



DERRY DIOCESAN CATECHETICAL CENTRE

AENGUS

Saint Aengus was born in the 8th century. He was born near Clonenagh, Ireland. He was educated in a monastic school, founded by Saint Fintan. He was an Ulsterman from a royal background. He was clever and he lived an austere of life.

Aengus was ordained a monk in Clonvenagh Monastery in Leix, Ireland. He taught and preached for a number of years. In time, he began to live a alone in a hermitage at Dysanthenous. He prayed and fasted.

He moved to Tallaght in Dublin and he took on the role of servant, doing the most menial jobs.

He eventually returned to Clonvenagh as Abbot of the Monastery.

He is best known for the writing he has left. The most famous of these is the féilire or 'Calendar of Aengus.' It is a hymn in the Irish language in praise of the main saints of Ireland.