

**I ask God's forgiveness** 3

- ❖ For the times when I did not show love to my family.

**I am sorry**

- ❖ For the times when I hurt my friends

**I am sorry**

- ❖ For the times when I did not forgive.

**I am sorry**

- ❖ For the times when I did not pray

**I am sorry**

**Our Father**

Assured of God's mercy and forgiveness we pray the prayer that Jesus himself gave us.

**Our Father....**

# Preparing your **Heart** for Christmas

*A lovely time to receive the  
**Sacrament of Reconciliation***

*You must forgive one  
another just as the Lord  
has forgiven you.  
(Col 4:13b)*

**Family Prayer**

**Scripture Reading:** (Lk: 15:22-24)<sup>4</sup>

The father said, 'Hurry! Bring the best robe and put it on him. Put a ring on his finger and shoes on his feet. Then go and get the prize calf and kill it and let us celebrate with a feast. For this son of mine was dead but now he is alive; he was lost but now he has been found.

**Final Prayer**

Loving Father, we thank you for your love and forgiveness. Help us to spread your love to all those we meet. Fill our lives with good works, peace, and love. We ask this through Christ our Lord, Amen.

**Introduction:** 2

Find a quiet place. Breathe in and out slowly. With each breath ask Jesus to come into your heart. Pray taking time to reflect on your relationship with God and people.

**Opening Prayer:**

God our Father, we thank you for your love.  
As I prepare for the birth of your Son, Jesus,

help me to say sorry for the things I have done wrong and to trust in your mercy.