

Praying In Colour!!!

Does any of this sound familiar?

“You want to pray but words escape you. Sitting still and staying focused in prayer are a challenge. Your body wants to be part of your prayer. You want to just hang out with God but don’t know how. Listening to God feels like an impossible task. Your mind wanders and your body complains.” (Sybil Macbeth)

Do you like to doodle? Lots of ideas for praying in this new way! Templates and instructions available! Adults and children will love it! Visit www.prayingincolor.com

